



CHILDREN'S
CENTER
AT THE PHOENIX

The Bridgeway

PROGRAM

Our full-service program focuses on the mind, body, and spirit in a comfortable and safe environment.

- Psychiatric services
- Peer Support Groups
- Family Therapy
- Art Therapy
- Music Therapy
- Pet Therapy
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Continuing Education

To learn more about this great program
call 973-839-2119 today!



CHILDREN'S
CENTER
AT THE PHOENIX

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*The moment a child enters the
Children's Center at The Phoenix,
They become part
of our family.*



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Introducing The Bridgeway Program

The Team at the Children's Center at The Phoenix recognizes that the transition from child to adulthood can be a challenging one, therefore we strive to make the transition as smooth as possible with our Bridgeway Program.

The moment a child enters the Children's Center at The Phoenix, they become part of our family. The children and family member's needs are dynamic and change as each child grows and develops. We are dedicated to ensuring that we meet each and every one of those needs.

The Bridgeway Program at the Phoenix provides a person-centered approach with various services for our young adult residents.

Our full-service program focuses on the mind, body, and spirit in a comfortable and safe environment.



■ **Psychiatric Services**

Onsite and / or telehealth psychiatrist & psychologist consultations available with our credentialed clinical experts.

■ **Peer Support Groups**

Weekly meetings with onsite LCSW and supporting clinicians.

■ **Family Therapy**

Monthly support meetings virtually with LCSW and clinical experts.

■ **Art Therapy**

Biweekly facilitated by a professional art therapist, effectively supports personal and relational treatment goals as well as community concerns. Art therapy is used to improve cognitive and sensorimotor functions, foster self-esteem and self-awareness, cultivate emotional resilience, promote insight, enhance social skills, reduce and resolve conflicts and distress, and advance societal and ecological change.

■ **Music Therapy**

Monthly board-certified music therapist provides the group as well as personalized treatment that includes creating, singing, moving to, and/or listening to music. Through musical involvement in the therapeutic context, a patient's abilities are strengthened and transferred to other areas of his or her life.

■ **Pet Therapy**

Individual visits from patient's own pets as well as quarterly visits from partnering animal therapy agencies. Pet therapy is a guided interaction between a person and a trained animal. It also involves the animal's handler. The purpose of pet therapy is to help someone recover from or cope with a health problem or mental disorder.

■ **Physical Therapy**

Onsite individualized private PT services available up to 7 days a week provided by our licensed physical therapy team members.

■ **Occupational Therapy**

Onsite individualized private OT services available up to 7 days a week provided by our licensed occupational therapy team members.

■ **Speech Therapy**

Onsite individualized private ST services available up to 7 days a week provided by our licensed speech therapy team members.

■ **Continuing Education**

Ongoing educational sessions weekly provided by board certified educators both virtually and in person in group settings.